



COURSE OUTLINE: BSCN1001 - REFLECT AND WRITE

Prepared: Barbie Blair MN NP-PHC

Approved: Bob Chapman, Chair, Health

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| Course Code: Title | BSCN1001: REFLECTION AND ACADEMIC WRITING |
| Program Number: Name | 3401: HONOURS BSCN |
| Department: | BSCN - NURSING |
| Academic Year: | 2022-2023 |
| Course Description: | This course is an introduction to professional relationships in nursing with a focus on reflection through self-awareness, relational communication, and professional writing skills. |
| Total Credits: | 3 |
| Hours/Week: | 3 |
| Total Hours: | 36 |
| Prerequisites: | There are no pre-requisites for this course. |
| Corequisites: | There are no co-requisites for this course. |
| This course is a pre-requisite for: | BSCN1101 |
| Vocational Learning Outcomes (VLO's) addressed in this course: | 3401 - HONOURS BSCN |
| Please refer to program web page for a complete listing of program outcomes where applicable. | VLO 1 Meet professional practice requirements as identified in the current Entry-to-Practice Competencies and Professional Standards of the College of Nurses of Ontario. |
| | VLO 4 Contribute to the nursing profession and healthcare through the practice of critical inquiry, self-reflection, and a commitment to professional growth through lifelong learning. |
| | VLO 6 Practice nursing while demonstrating advocacy and leadership at the professional, political, and societal levels, in accordance with the values of social justice and equity. |
| | VLO 7 Utilize available technologies to communicate, educate, and provide appropriate care in a variety of contexts. |
| Course Evaluation: | Passing Grade: 65%, A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation. |
| Other Course Evaluation & Assessment Requirements: | Important note about course evaluation: Successful completion of this course is dependent on all assignments being completed and submitted. If this course has any components graded on a satisfactory/unsatisfactory grading scheme, each assignment must achieve a grade of satisfactory , in addition, a minimum cumulative grade of 65% is required to pass the course. |



Books and Required Resources:

Reflective Practice in Nursing by Esterhuizen, P
Publisher: Sage Publications INC Edition: 4th
ISBN: 9781526460066

Publication Manual of APA by American Psychological Association
Publisher: American Psychological Association Edition: 7th
ISBN: 9781433832161

Course Outcomes and Learning Objectives:

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| Course Outcome 1 | Learning Objectives for Course Outcome 1 |
| Understand the importance of self-awareness as it relates to self-assessment within the context of the nurse-client relationship. | |
| Course Outcome 2 | Learning Objectives for Course Outcome 2 |
| Demonstrate an understanding of therapeutic relationships guided by related professional and ethical frameworks. | |
| Course Outcome 3 | Learning Objectives for Course Outcome 3 |
| Demonstrate an understanding of the regulatory requirements related to reflection on one's practice. | |
| Course Outcome 4 | Learning Objectives for Course Outcome 4 |
| Demonstrate an understanding of the process of self-reflection through the application of a guiding model. | |
| Course Outcome 5 | Learning Objectives for Course Outcome 5 |
| Perform self-evaluation through the reflective process and peer feedback. | |
| Course Outcome 6 | Learning Objectives for Course Outcome 6 |
| Create a learning plan based on self-reflection. | |
| Course Outcome 7 | Learning Objectives for Course Outcome 7 |
| Demonstrate novice academic writing skills and a beginning knowledge of formatting as per the American Psychological | |



| | Association (APA) guidelines. | | | | | | | | | | |
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| Evaluation Process and Grading System: | <table border="1"> <thead> <tr> <th>Evaluation Type</th> <th>Evaluation Weight</th> </tr> </thead> <tbody> <tr> <td>Discussion Postings</td> <td>15%</td> </tr> <tr> <td>Reflection Paper: Personal & Professional Growth</td> <td>30%</td> </tr> <tr> <td>Reflection Paper: Values</td> <td>25%</td> </tr> <tr> <td>Term Test</td> <td>30%</td> </tr> </tbody> </table> | Evaluation Type | Evaluation Weight | Discussion Postings | 15% | Reflection Paper: Personal & Professional Growth | 30% | Reflection Paper: Values | 25% | Term Test | 30% |
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| | Reflection Paper: Values | 25% | | | | | | | | | |
| Term Test | 30% | | | | | | | | | | |
| Date: | August 12, 2022 | | | | | | | | | | |
| Addendum: | Please refer to the course outline addendum on the Learning Management System for further information. | | | | | | | | | | |